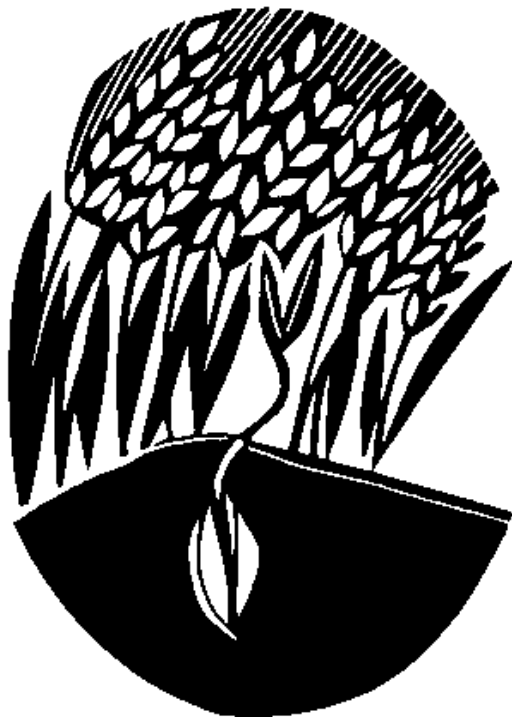


St Michael and All Angels
Anglican Church
Lent 2010 Offerings



2112 Bel-Air Drive, Ottawa Ontario, K2C 0W9
Telephone 613-224-0526
stmikes@bellnet.ca
www.stmichaelandallangels.ca

Lent Service Schedule

Sundays – 8 a.m. and 10 a.m. – Holy Eucharist
Sunday School available at the 10 a.m. service.

Wednesdays – 9:15 a.m. – Holy Eucharist

Wednesday, February 17 – 7:30 p.m. – **Ash Wednesday**
Service of the Imposition of Ashes with the Venerable Paul Blunt.

Thursday, March 18 – 5:30 p.m.
Interfaith Seder using the Martin Luther King memorial
Freedom Seder. Potluck with teaching.

Choir Practice

Wednesday evenings 6:45 to 8 p.m. All welcome to help
prepare music of the season and for Holy Week.

Parish-Wide Meeting

Sunday, February 28 – 10 a.m.
Holy Eucharist and Annual Vestry
All members of the parish are encouraged to attend as we
decide future directions for the parish. Your parish council
deserves your support.

Opportunities for Study and Reflection

Coffee Club and Gospel Exploration

Sunday mornings at 9 a.m. – looking at the Gospel of Luke, an exploration of this gospel led by Dale Woloshin.

Home Churches

Small group personal reflections on the texts for each week meeting in homes and at church. A group for children is scheduled for Tuesdays, starting with dinner at 5:30 p.m. Sign-up sheets for all the groups are in the narthex. Coordinated by Monique Stone.

Art and Soul

Five sessions to explore faith through art; soul collages, altered books and art technique explorations; work on new stations of the cross; led by Linda+ and Sandy Franklin.

Daytime sessions – 11:30 a.m. – bring a bag lunch.
Tuesday, February 23 (bring a glue stick and a pair of scissors), Tuesday, March 9 and Wednesday, March 10.

Evening sessions – 7 p.m.:
Wednesday, March 10 and Thursday, March 25

Taste and See

A day of Prayer at Saint Paul University on Saturday, March 6 from 9 a.m. until 3:30 p.m. A variety of workshops to choose from; flyers available at the welcome table in the sanctuary.

Lenten Library

Books for Borrowing - a variety of books for Lenten reflections are available in the church and in the library downstairs.

At Our Neighbouring Parish

A Study of the Lord's Prayer

The Parish of St Martin's, 2120 Prince Charles Road, welcomes St Michael's parishioners to this six-week study starting Wednesday, February 17. There are two groups participating. One group meets on Wednesdays at 12:30 p.m. following the noonday Eucharist and the other meets on Wednesdays at 7 p.m. Call 613-722-6077 for further details.